

MORNING BREAK MENU

WEEK 3



MON

TUES

WED

THURS

FRI

CHEESY GARLIC BREAD
(G, MK, SE*)

ONION RINGS WITH BBQ SAUCE
(G)

SEASONED WEDGES WITH GARLIC DIP
(MK, MU)

HASH BROWNS

BREADED MOZZARELLA STICKS
(G, MK, SO)

ROASTED VEGETABLE PASTA (v)
(G)

SWEET & SOUR CHICKEN WITH FRIED RICE
(G, SO)

MEXICAN CHICKEN WRAP
(G)

SWEET CHILLI CHICKEN NUGGETS
(CE, G)

SINGAPORE NOODLE POT
(E, G, SO)

MEATBALL MARINARA SUB
(CE, E, G, SO)

PEPPERONI PANINI OR CHEESE & TOMATO PANINI
(G, MK, SO)

SELECTION OF PATTIES
(CE, G, MK, MU)

CHICKEN HOT DOG
(CE, G, SE*, SU)

SELECTION OF PATTIES
(CE, G, MK, MU)

COLD SELECTION: BAGUETTES SANDWICHES SALAD BOXES FRESH FRUIT YOGURT POTS

ALLERGENS KEY

CE - CELERY

CR - CRUSTACEAN

E - EGGS

F - FISH

G - CEREALS CONTAINING GLUTEN

L - LUPIN

MK - MILK

MO - MOLLUSCS

MU - MUSTARD

N - NUTS

P - PEANUTS

SE - SESAME SEEDS

SO - SOYA

SU - SULPHUR DIOXIDE

